

# PharmaCann Calm Capsule

## PharmaCann Calm Capsule

Cannabidiol Capsule (30mg)

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## What is in this leaflet

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Please read this leaflet carefully before you start using PharmaCann Calm.

This leaflet answers some common questions about PharmaCann Calm. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using PharmaCann Calm against the benefits they expect it will have for you.

PharmaCann Calm is an Unregistered Medicine and is Prescribed under TGA Approval through the Special Access Scheme Category B Program.

**If you have any concerns about using this medicine, ask your doctor or pharmacist.**

Keep this leaflet with the medicine. You may need to read it again.

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## What PharmaCann Calm may be used for

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PharmaCann Calm is a Cannabidiol based medicine that is manufactured in accordance with Therapeutic Goods Order 93 (TGO93). PharmaCann Calm may be prescribed by your Doctor for medical conditions including, but not limited to:

- Anxiety
- Sleep Disorders
- Mild Pain Symptoms

Your doctor may have prescribed PharmaCann Calm for another reason.

Ask your doctor if you have any questions about why PharmaCann Calm has been prescribed for you.

**This medicine is available only with a doctor's prescription and is a Schedule 4 Medicine as per the Therapeutic Goods Administrations Standard for the Uniform Scheduling of Medicines and Posions.**

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## Before you use PharmaCann Calm

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### ***When you must not use it***

Do not use PharmaCann Calm if:

- You have previously experienced allergic reactions to this or other similar medicines.
- You are Pregnant
- You are Breastfeeding
- You intend on operating a motor vehicle, an aircraft, a motor vessel or heavy equipment and machinery

If you are not sure whether you should start using PharmaCann Calm, talk to your doctor.

### ***Taking other medicines***

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop. You should also tell any health professional who is prescribing a new medication for you that you are taking PharmaCann Calm (Cannabidiol).

Some medicines may be affected by PharmaCann Calm or may affect how well it works. You may need different amounts of your medicine, or you may need to take different medicines.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking PharmaCann Calm Cannabidiol.

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## How to use PharmaCann Calm

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### ***How much to take***

Refer to your Doctor's instructions on how much and when to take the medicine. The label should always be carefully read.

The Cannabidiol Capsule should only be taken orally, with water.

### ***When to take it***

PharmaCann Calm should be taken at a frequency that is per the advice of your Doctor or Medical Practitioner. It can be taken with, or without food.

### ***How long to take it***

The duration in which PharmaCann Calm should be taken as per the advice of your Doctor or Medical Practitioner. Please refer to your Prescription or seek advice from your Doctor regarding the duration and frequency of this medicine.

### ***If you forget to take it***

If you forget to take your PharmaCann Calm medicine, continue the dosage cycle from your next dose in the sequence.

In the event that the PharmaCann Calm Cannabidiol does not work for your prescribed condition, you should contact your Doctor or the Prescribing Medical Practitioner as soon as possible.

The PharmaCann Calm medicine is only intended for the use of the consumer it has been prescribed for. Possession of PharmaCann Calm Cannabidiol without a current or valid prescription in the name of the consumer originally prescribed, may constitute an offence under the Drugs Misuse Act.

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## **While you are using PharmaCann Calm**

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### ***Things you must do***

It is advised to stop using the product immediately and contact your doctor immediately if you become pregnant while you are taking the medicine.

If you are about to be started on any new medicine tell your doctor and pharmacist that you are taking PharmaCann Calm Cannabidiol. You must keep the PharmaCann Calm Cannabidiol medicine in its original packaging, and store in a cool dry place.

### ***Things you must not do***

Do not give medicine to anyone else, even if they have the same condition as you. The PharmaCann Calm medicine is only intended for the use of the consumer it has been prescribed for. Possession of PharmaCann Calm Cannabidiol without a current or valid prescription in the name of the consumer originally prescribed, may constitute an offence under the Narcotic Drugs and Drugs Misuse Acts.

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## **In case of overdose**

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### ***If you take too much (overdose)***

Immediately telephone your doctor or the Poisons Information Line (telephone 13 11 26), or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have taken too much PharmaCann Calm Cannabidiol.

Do this even if there are no signs of discomfort or poisoning.

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## **Side Effects**

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Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using PharmaCann Calm.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the adverse effects. Ask your doctor or pharmacist to answer any questions you may have.

Other adverse effects may also occur in some patients. Tell your doctor if you notice any other effects.

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## **After using PharmaCann Calm**

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### ***Storage***

You must keep the PharmaCann Calm Cannabidiol medicine in its original packaging, and store in a cool dry place.

PharmaCann Calm Cannabidiol and all Medicines must be Kept Out Of Reach Of Children at all times.

### ***Disposal***

The Consumer should return to a pharmacy any unused medicine, and any medicine past its expiry date as shown on the dispensing label or on the packaging.

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## Product description

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### *Ingredients*

#### Active ingredient:

- Cannabidiol (CBD) – 30mg per Capsule

#### Other ingredients:

- Maltodextrin
- Mannitol
- Vegetarian Capsule
- Rice Fiber
- TriCalcium Phosphate
- MCT Oil

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## Allergen Warning

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**CONTAINS MALTODEXTRIN, MANNITOL, RICE FIBER, TRICALCIUM PHOSPHATE AND MEDIUM-CHAIN TRYGLYCERIDE OIL.**

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## Sponsor Details

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PharmaCann Calm is supplied in Australia by:

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## Date of Preparation

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This leaflet was prepared on 4<sup>th</sup> of May 2021.